

ZEBEDEE'S LUNCH BOX

TEA MENU

KIDS CLUB TEA MENU

ZEBT04/16

MENU A DAY	ITEM 1	ITEM 2	ITEM 3	ITEM 4	ITEM 5
Monday	Chicken, Mozzarella & Herby Pasta Salad	Sausage Roll	Golden Sultanas	Cherry Tomato & Cucumber Batons	Homemade Banana Flapjack
Tuesday	Laughing Cow Soft Cheese Wholemeal Roll	Ham and Cucumber Sub Roll (Build Your Own)	Cheesy Popcorn	Sweetcorn & Diced Cucumber	Mango & Peach Fromage Frais
Wednesday	Homemade Wholemeal BBQ Chicken Pizza Fingers	Jam Roll	Hard Boiled Free Range Egg Wedges	Cherry Tomato	Orange Smiles
Thursday	Free Range Egg & Cress Sub Roll	Chicken & Lettuce Wrap (Build Your Own)	Potato & Houmous Salad	Cheese Cubes	Honeydew Melon Wedge
Friday	Dolphin Friendly Tuna Mayonnaise Finger Roll	Cheese & Tomato Pastry	Roast Chicken Slices	Carrot Batons	Lemon Shortbread Biscuit

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Monday	Tomato Pasta	Chicken & Lettuce Sub Roll	Hard Boiled Free Range Egg Wedges	Cheese Cubes	Peach Fruit Pot
Tuesday	Honey Roast Ham Sub Roll	Jam Roll	Roast Chicken Slices	Cucumber Batons	Mandarin Fruit Smoothie Yoghurt Drink
Wednesday	Homemade Basil Bread Fingers & Creamy Cheese Dip	Sausage & Homemade Tomato Ketchup Panini	Chicken & Mango Rice	Cherry Tomato & Cucumber Batons	Homemade Cereal Slice
Thursday	Sliced Chicken Wholemeal Roll	Penne Pasta with Tomato Sauce & Grated Cheese	Cheese Straws with Sweetcorn Dip	Pepper & Carrot Batons	Chocolate Orange Pot
Friday	Savoury Danish Pastry	Savoury Egg	Roast Chicken Slices	Mixed Sultanas & Raisins	Orange Smiles

MENU C DAY	ITEM 1	ITEM 2	ITEM 3	ITEM 4	ITEM 5
Monday	Mediterranean Vegetable & Cheese Pasta	Ham & Lettuce Wrap (Build Your Own)	Dried Apricots	Sweetcorn & Diced Cucumber	Fruit Jelly Pot
Tuesday	Homemade Roasted Vegetable & Basil Wholemeal Pizza Fingers	Sausage Roll	Hard Boiled Free Range Egg Wedges	Pepper & Carrot Batons	Homemade Apricot & Orange Cookie
Wednesday	Free Range Egg & Cheese Soft Brown Roll	Cheese & Tomato Pastry	Speldhurst Sliced Sausage	Cherry Tomato & Cucumber Batons	Fruity Granola Slice
Thursday	Chicken Sub Roll	Jam Roll	Summer Vegetable Rice Salad	Cheese Cubes	Red Apple
Friday	Tomato & Feta Scone with Flora Portion	Savoury Egg	Roast Chicken Slices	Cucumber Batons	Raspberry Fruit Yoghurt Pot